



RESILIENT STREETS CHECKLIST:

Pre-project Reflection and Discussion guide

People living on a resilient street or building know each other and watch out for each other. They share, they celebrate, and where there are common interests they co-operate to strengthen local-reliance.

The Resilient Streets Checklist is a tool you and your neighbours can use to help think about how “resilient” your street or building is now, and to think about what types of Resilient Streets projects might be a good fit for you. You can use the checklist as a discussion starter for thinking about what is most important to people on your street, or what people have in common. We recommend that each household who is participating in the project complete the checklist. There are a couple of ways this can be used:

- A) By your street/building group:** you may want to get together to share some of the results of your assessment and consider if there are any clues to help you select the type of activity you will do. For example, if the assessment shows that most of your neighbours don’t know each other, then you will want to select an activity that helps you improve your relationships perhaps, before you tackle a complicated project together. If a lot of people on/in your street/building share an interest in supporting local food, it might mean you should consider a meal or food related project.

- B) By your household:** Often the first step in taking action is defining what you are hoping to change. We hope this provides a small space for your own reflection about how you might strengthen resilience in your household.

For each question: 1 = not at all, 2= sometimes, 3= often, 4 = always, DK = don’t know

ATTITUDES AND BEHAVIOURS

1. How would you rate the frequency of your conversations with your neighbours (the 3 or 4 households closest to you) - something more than just a casual hello?

☹ 1 2 3 4 ☺ DK

2. In the past 12 months have you done a favour for one of these neighbours or have they done a favour for you (such as taking care of their mail or feeding a pet, picking up their newspapers while they were out of town, borrowing a tool, etc.)? **Yes** **No** **Maybe** **Don’t know**

Looking at the Attitudes and Behaviours section, is this an area you want to work on with your neighbours? What are some ideas of how you might work together on this?

INFRASTRUCTURE AND RESOURCES

3. To what extent would you say that your household is currently:

Conserving water	☹	1	2	3	4	☺	DK
Reducing energy use	☹	1	2	3	4	☺	DK
Supporting/growing local food	☹	1	2	3	4	☺	DK
Recycling/composting	☹	1	2	3	4	☺	DK
Re-using	☹	1	2	3	4	☺	DK
Using alternative transportation (egs. bike, walk, bus)	☹	1	2	3	4	☺	DK

Looking at the Infrastructure and Resources section, is this an area you want to work on with your neighbours? What are some ideas of how you might work together on this?

LOCAL ECONOMY

4. To what extent would you say that your household is currently:
- | | | | | | | | |
|--|---|---|---|---|---|---|----|
| Investing or saving locally | ☹ | 1 | 2 | 3 | 4 | ☺ | DK |
| Sharing equipment, skills or other with friends/neighbours | ☹ | 1 | 2 | 3 | 4 | ☺ | DK |
| Supporting local business | ☹ | 1 | 2 | 3 | 4 | ☺ | DK |

Looking at the Local Economy section, is this an area you want to work on with your neighbours? What are some ideas of how you might work together on this?

PLANNING AND LEADERSHIP

5. How would you rate the frequency of gatherings or celebrations between neighbours?
- | | | | | | | | |
|--|---|---|---|---|---|---|----|
| | ☹ | 1 | 2 | 3 | 4 | ☺ | DK |
|--|---|---|---|---|---|---|----|
6. To what extent do you think that people on/in your street or building currently work together to solve problems and issues of mutual concern?
- | | | | | | | | |
|--|---|---|---|---|---|---|----|
| | ☹ | 1 | 2 | 3 | 4 | ☺ | DK |
|--|---|---|---|---|---|---|----|
7. To what extent do people on your street or in your building take action on street or building issues and activities?
- | | | | | | | | |
|--|---|---|---|---|---|---|----|
| | ☹ | 1 | 2 | 3 | 4 | ☺ | DK |
|--|---|---|---|---|---|---|----|
8. Is there an example of a past project that your street/building has completed by working together?

Looking at the Planning and Leadership section, is this an area you want to work on with your neighbours? What are some ideas of how you might work together on this?